



Financial Support Document

Coronavirus

If you or somebody you know has been affected by Covid 19 in the workplace, the below links may offer support and guidance specifically at this time;

<https://www.gov.uk/guidance/claim-for-wage-costs-through-the-coronavirus-job-retention-scheme>

<https://www.gov.uk/coronavirus/business-support>

This link may be useful to share with somebody you know who works for the NHS, there's something in there for everybody, I'm sure;

<https://www.moneysavingexpert.com/deals/deals-hunter/2020/03/nhs-discounts-and-freebies/>

Below are some useful links for us all with regard to more general guidance during these difficult times;

<https://monzo.com/blog/save-at-home>

<https://www.clearscore.com/learn/managing-money/coronavirus-planning-tips-to-reduce-spending-and-save-money>

<https://www.moneysavingexpert.com/news/2020/04/coronavirus-frequently-asked-questions/>

<https://www.bbc.co.uk/news/business-52563776>

On Gov.Uk within the Guidance and Support section there is section on Employment, financial support and Money (<https://www.gov.uk/coronavirus>)

Astrea EAP

Remember, our Employee Assistance Programme offers financial support and guidance, free and confidentially;

To find out more information on what services Health Assured can provide, please visit www.healthassuredeap.com or contact 0800 028 0199.

To gain access to the Health and Well-being Portal you will require the below login credentials:

Username: Astrea

Password: EAP

General support

The below outlines services, which we could use for guidance relating to financial concerns;

<https://www.citizensadvice.org.uk/debt-and-money/>

<https://www.stepchange.org/>

<http://www.teachingstafftrust.org.uk/>